



Session 5

Hindu Mandir Empowerment Council
October 2 - 4, 2026 | Buena Park, California

Kiran Patel
Sona Gaushala

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My Passion



My personal passion lies in preserving, nurturing, and enhancing the genetic health of our Bulls and Cows. I am equally committed to educating and engaging our younger generation as future Gaushala managers. My goal is to project *Bos indicus* (Gau Vanse) as a **spiritually evolve species**, alongside *Homo sapiens* evolved **in intelligence**.

Goals of My Gaushala



- Promote cow-based regenerative agricultural practices.
- Formulate soil-nurturing products derived from cow dung and cow urine.
- Inspire the younger generation to own and raise a pair of cows.
- Establish a Holistic Wellness and Research Center.

Gau-Vansh

Spiritual Qualities of the Sacred Cow



Restrained Strength — Immensely powerful, yet always self-controlled.



Regulated Emotion — Expresses feelings with composure, never indiscriminately.



Unwavering Loyalty — Ever faithful to their human companions.



Selfless Giving — Takes little, gives abundantly.



Collective Sacrifice — Unite in times of danger, each shielding the other from harm.

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The path of Gau Seva



Constant connection with the cow awakens Atmavat Sarvabhuteshu — the vision of the Self in all beings — faster than most other sadhanas, making Gau Seva the most profound diminisher of the ego among all spiritual practices.

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How you can help?



Donate to our projects

- Build helipad for emergency evacuation (Estimated project cost \$75,000)
- Install solar farm and windmill farm, off grid (net zero) campus (Estimated project cost \$ 200,000)
- Construct spirituality and mediation training center with lodging and boarding facility (Estimated project cost \$5.5 Million)
- Solar Form, Biodigester to generate cooking gas (Estimated project cost \$65,000)
- Herbal garden (Estimated project cost \$100,000)
- * Samaydan - Donate your time if you have skills matching this project.



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