



Session 1

Hindu Mandir Empowerment Council
October 2 - 4, 2026 | Buena Park, California

Dr. Narendra Parson
Jain Center of Southern California

Dr. Narendra Parson



Dr. Narendra Parson is a distinguished physician, educator, and longtime advocate of Jain principles.

After graduating from medical school in Calcutta and completing advanced training in India, England, and the United States, he served as an Assistant Professor at UCLA and practiced anesthesiology.

A dedicated Jain scholar and philanthropist, he has lectured on Jain philosophy, Jain art, non-violence, vegetarianism, and Jain principles in medicine, while supporting medical camps, charitable initiatives. He also helped set up Siddhachalam in New Jersey.

Presentation Abstract



Jain philosophy emphasizes **right faith, right knowledge, and right conduct** as the path toward inner freedom and spiritual growth.

It encourages us to practice **nonviolence, compassion, respect for all life and viewpoints, simplicity, and personal responsibility** in everyday living.

24 Tirthankar Bhagwan



24 TIRTHAN KAR BHAGWAN



Jain Philosophy



A Path of Peace, Compassion and Self-Transformation

- AHIMSA – Nonviolence in thought, word and action
- ANEKANTAVADA – Many sided reality. Listen, Understand, and respect different perspectives
- APARIGRAHA – Non-Attachment, live simply, limit desires and share with others
- KARMA – Personal Responsibility, our thoughts, words and actions shape our spiritual journey
- GOAL : MOKSHA – Freedom of the soul

Right Understanding → Right Living → Inner Freedom



The Three Jewels

Right Faith

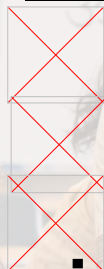


Right Knowledge

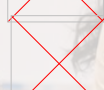


Right Conduct

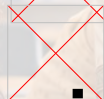
Live the Message



Respect all life



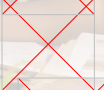
Practice nonviolence



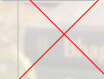
Listen to other viewpoints



Cultivate compassion



Live with simplicity



Take responsibility for yourself

A Jain Question for Today



“Can I live so that my presence causes less harm and creates more peace?”

Hindu Mandir Empowerment Council
October 2 - 4, 2026 | Buena Park, California