

एकात्मता मंत्र Ekatmata Mantra

यं वैदिका मन्त्रदृशः पुराणा, इन्द्रं यमं मातरिश्वानमाहुः ।
वेदान्तिनोऽपिर्वचनीयमेकं, यं ब्रह्मशब्देन विनिर्दिशन्ति । 1

Yam vaidika mantradrashsh puraanaa, Indram yamam maatarishwaanamahuh,
Vedantino nirvachaneeyamekam, Yam brahmashabdena vinirdhishanti

*To whom the Vaidikas and the ancient seers call Indra, Yama and Matarishwa; the
vedantins indicate that inexplicable one by the word Brahma.*

शैवायमीशं शिव इत्यवोचन्, यं वैष्णवा विष्णुरिति स्तुवन्ति ।
बुद्धस्तथाऽर्हन्निति बौद्धजैनाः, सत्-श्री अकालेति च सिक्ख-सन्तः । 2

Shaiva-yameesham shiva ityavochan, Yam vaishnavaa vishnuriti stuvanti
Buddhastathaarhannitibauddhajainah, Sat-shree akaaleti cha sikkha-santah

*To which Almighty the Shaivites call Shiva and the Vaishnavites praise as Vishnu, the
Bauddhas call him the Buddha and the Jains as Arhat, the Sikh sages call him as Sri
Akal.*

शास्तेति केचित् कतिचित् कुमारः, स्वामीति मातेति पितेति भक्त्या ।
यं प्रार्थयन्ते जगदीशितारं, स एक एव प्रभुरद्वितीयः । 3

Shasteti kechit katichit kumarah, Swaameeti maateti piteti bhaktya
Yam prarthayante jagadeeshitaaram, Sa eka eva prabhuradwiteeyah

*Some call him as Shasta, some others as Kumar or Swami, Mata or Pita through
devotion and pray that the Lord of the universe is only one absolute without second*

संगठन मंत्र Sangathan Mantra

सं गच्छध्वं सं वदध्वं सं वो मनांसि जानताम् ।
देवा भागं यथा पूर्वे सञ्जानाना उपासतेद्भ

San gachhadhwam, sam vadadhvam sam vo manaansi jaanaatam.
Deva bhaagam yathaa poorve sanjaanaanaa upasate.

*Meet together, talk together, let your minds apprehend alike, in like manner
as the ancient Devas, concurring, accepted their portions of the offerings.*

समानो मन्त्रः समितिः समानी, समानं मनः सहचित्तमेषाम् ।
समानं मन्त्रमभिमन्त्रये वः, समानेन वो हविषा जुहोमिद्भ

Samano mantrah Samitih Samani Samanam Manah Saha Chittamesham
Samanam Mantramabhimantraye Vah Samanena Vo Havisha Juhomi

*Common be the prayer of these (assembled worshippers), common be the
acquirement, common be the purpose and associated be the desire. I repeat
for you a common prayer, I offer for you a common oblation.*

समानी व आकूतिः, समाना हृदयानि वः ।
समानमस्तु वो मनो, यथा वः सुसहासतिद्भ

Samanee va Akootih, Samana Hrudayani Vah
Samanamastu Vo Mano, Yatha Vah Susahasati

*Common be you intention, common be (the wishes of) your hearts, common
be your thoughts, so that there may be thorough union amongst you.*

हिन्दु हिन्दु एक रहे Hindu Hindu Ek Rahe

हिन्दु हिन्दु एक रहे,
भेद भाव को नहीं सहे।
संघर्षों से दुःखी जगत को,
मानवता की शिक्षा दे।
हिन्दु हिन्दु एक रहे (x3)।

Hindu Hindu ek rahe,
Bhed Bhava ko nahi sahe
Sangharshon se dukhi jagat ko,
manavta ki shikcha de.
Hindu Hindu ek rahe (x3)

एक ब्रह्म कुछ और नहीं,
हरिहर दुर्गा मात वही।
देव देवियां रूप उसीका,
देश काल अनुसार सही।
सब पंथों का मान करें,
सब ग्रंथों से ज्ञान ग्रहें।
सद्गुरुओं की सीख समझ कर,
जीवन को जीना सीखें।
हिन्दु हिन्दु एक रहे (x3)।

Ek Brahma kucha aur nahi,
Harihar Durga Mat wahi
Dev deviyan rupa usika,
desh kal anusar sahi
Sab pantho ka maan karen,
sab granthon se gyan grahen
Sadguruon ki seikh samajh kar,
jeevan ko jeena seikhnen
Hindu Hindu ek rahe (x3)

जो भाई भटके बिछड़े,
हाथ पकड़ ले साथ चले
भोजन कपड़ा घर की सुविधा,
शिक्षा सबको सुलभ रहे।
ऊँच नीच लवलेश न हो,
छुआछूत अवशेष न हो।
एक लहू सबकी नसनस में,
अपनेपन की रीत गहे।
हिन्दु हिन्दु एक रहे (x3)।

Jo bhai bhatake bichude,
hanth pakad le sath chale
Bhojan kapda ghar ki suvidha,
shikcha sab ko sulabh rahe
Unch neech lavlesh na ho,
chua chuta avashesh na ho
Ek lahu sab ki nas nas mein,
apne pan ki reet gahe
Hindu Hindu ek rahe (x3)

धर्म प्रेम अमृत पियें,
गीता गंगा गौ पूजें।
वेद विहित जीवन रचना हो,
राम कृष्ण शिव भक्ति करे।
धर्म सनातन अनुगामी,
बुद्ध शरणं गच्छामी।
अर्हन्तोंको नमन करे,
नित वाहे गुरु अकाल कहे।
हिन्दु हिन्दु एक रहे (x3)।

Dharma prem amrita piyein,
Geeta ganga gau pujein
Veda vihith jeevan rachna ho,
Ram krishna Shiva bhakti kare
Dharma sanatan anugami,
Budham sharnam gachhami
Arhanton ko naman kare,
Nita wahe guru aakal kahe
Hindu Hindu ek rahe (x3)

मनसा सततम् स्मरणीयम् Lokahitam Mama Karaneeyam

मनसा सततम् स्मरणीयम्
वचसा सततम् वदनीयम्
लोकहितम् मम करणीयम्
लोकहितम् मम करणीयम्

Manasaa satatam smaraneeyam
Vachasaa satatam vadaneeyam
Lokahitam mama karaneeyam
Lokahitam mama karaneeyam

*Let me always keep in mind – let me repeatedly speak out:
my duty is to do good to people.*

न भोग भवने रमणीयम्
न च सुखशयने शयनीयम्
अहर्निशम् जागरणीयम्
लोकहितम् मम करणीयम्

Na bhog bhavane raneeyam
Na cha sukha shayane shayaneeyam
Aharnisham jaagaraneeyam
Lokahitam mama karaneeyam

*I am not going to live a lustful life nor am I going to enjoy luxuries, but
be aware all the time of my duty to do good to people.*

न जातु दुःखं गणनीयम्
न च निजसुख्यम् मननीयम्
कार्य-क्षेत्रे त्वरणीयम्
लोकहितम् मम करणीयम्

Na jaatu dukham gananeeyam
Na cha nija sukhyam mananeeyam
Karya kshetre tvaraneeyam
Lokahitam mama karaneeyam

*My miseries are not to be considered, nor my enjoyment
to be thought about, but I have to engage in a range of
activities, as my duty is to do good to the people.*

दुःख सागरे तरणीयम्
कष्ट पर्वते चरणीयम्
विपत्ति विपने भ्रमणीयम्
लोकहितम् मम करणीयम्

Dukh sagare taraneeyam
Kashtha parvate charaneeyam
Vipatti vipane bhramaneeyam
Lokahitam mama karaneeyam

*The oceans of miseries have to be tided over and the
mountains of hardship scaled. During troubled times I will
remember Ishwar, so that I can do good to people.*

व्यक्ति व्यक्ति में जगाएँ हिन्दु चेतना Vyakti Vyakti Me Jagyen Hindu Chetna

व्यक्ति व्यक्ति में जगाएँ हिन्दु चेतना
जन मन संस्कार करें यही साधना
साधना नित्य साधना
साधना अखंड साधना

Vyakti vyakti me jagayen hindu chetana
Jan man sanskar karen yehi sadhana
Sadhana nitya sadhana
Sadhana akhand sadhana

नित्य शाखा जाह्नवी पुनीत जलधरा
साधना की पुण्यभूमि शक्ति पीठिका
रज कणों में प्रकटे दिव्य दीप
मालिका
हो तपस्वी के समान संघ साधना
साधना नित्य साधना३

Nitya shaakha jahnvi puneet jaldhara
Sadhana kee punya bhoomi shakti peethika
Raj kano mein prakate divya deep malika
Ho tapaswee ke saman sangh sadhana
Sadhana nitya sadhana...

हे प्रभो तू विश्व की अजेय शक्ति दे
जगत हो विनम्र ऐसा शील हमको दे
कष्ट से भरा हुआ यह पंथ काटने
ज्ञान दे कि हो सरल हमारी साधना
साधना नित्य साधना३

He prabho tu vishwa kee ajeya shakti de
Jagat ho vinamra aisa sheel hamko de
Kasht se bhara hua yeh panth kaatne
Jnan de ki ho saral hamaree sadhana
Sadhana nitya sadhana...

विजय शाली संघबद्ध कार्यशक्ति दे
तीव्र और अखंड ध्येय निष्ठा हमको दे
हिंदु धर्म रक्षणार्थ वीरव्रत स्फुरे
तव कृपा से हो सफल हमारी साधना
साधना नित्य साधना३

Vijayshalee sanghbaddha karyashakti de
Teevra aur akhand dheya nishtha hamko de
Hindu dharm rakshanarth veervrat sphure
Tav kripa se ho safal hamaree sadhna
Sadhana nitya sadhana...

j प्रार्थना

सर्वमंगल मांगल्याम, देवीम् सर्वार्थ साधिकाम्
शरण्याम् सर्वभूतानाम्, नमामो भूमिमातरम्१

Sarva mangala mangalyam, Deveem sarvartha saadhikam.
Sharanyam sarva bhootanam, Namaamo bhoomi maataram.

*We bow to the Goddess Mother Earth, who is the abode of bounteous blessings, the
fulfiller of all needs and the ultimate refuge of all beings.*

सच्चिदानन्द रूपाय, विश्वमंगल हेतवे ।
विश्वधर्मैकमूलाय, नमोस्तु परमात्मने२

Sacchidananda roopaya, Vishva mangala hetave.
Vishva dharmika moolaya, Namostu Paramatmane.

*Our obeisance to the Almighty, who is the manifestation of truth, consciousness and bliss,
and the only source of all universal (Vishva) well-being and Dharma.*

विश्वधर्मविकासार्थम्, प्रभो संघठिता वयम् ।
शुभाम् आशिषमस्मभ्यम्, देहि तत्परिपूर्तये३

Vishva dharma vikasartham, Prabho sangathita vayam.
Shubham aashisham asmabhyam, Dehi tat paripoortaye.

*O Lord, as we organize ourselves to stand united for the advancement of Universal
Dharma, please bestow upon us your auspicious blessings so that we can accomplish this
noble mission.*

अजय्यम् आत्मसामर्थ्यम्, सुशीलम् लोकपूजितम् ।
ज्ञानं च देहि विश्वेश, ध्येयमार्गं प्रकाशकम्४

Ajayyam atma samarthyam, Susheelam loka Poojitam.
Gyanan cha dehi vishvesha, Dhyeya marga prakashakam.

*Grant us, O Lord of the universe, the invincible inner strength and virtuous character
that all humanity adores, and the knowledge that will enlighten the path leading to our
mission.*

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समुत्कर्षोस्तु नो नित्यम्, निःश्रेयस समन्वितः ।
तत्साधकम् स्फुरत्वन्तः, सुवीरव्रतमुज्वलम्६

Samutkarshostu no nityam, Nishreyasa samanvitaha
Tatsaadhakam sphuratvantah, Suveera vratamujwalam.

Let our hearts be always stimulated with that spirit of a solemn vow and determination of a hero, which will lead us to attain the worldly prosperity together with spiritual enhancement.

विश्वधर्मप्रकाशेन, विश्वशान्ति प्रवर्तके ।
हिन्दुसंघठना कार्ये, ध्येयनिष्ठा स्थिरास्तुनः६

Vishva Dharma Prakashena, Vishva shanti pravartake.
Hindu sangathana kaarye, Dhyeya nishtha sthiraastunah.

O Lord, give us that resolute faith in our aim to unite the people and establish world peace through propagation of Universal Dharma.

संघशक्तिर्विजेत्रीयम्, कृत्वास्मद्धर्मरक्षणम् ।
परमम् वैभवम् प्राप्तुम्, समर्थास्तु तवाशिशान्ति६

Sangha shaktir vijetriyam, Kritvaasmad Dharma rakshanam.
Paramam vaibhavam praptum, Samarthaastu Tavaashisha.

With your blessings, O Lord, let this triumphant Sangh strength attain the supreme external glory by protecting the principle of righteousness (Dharma).

त्वदीये पुण्य कार्येस्मिन, विश्व कल्याण साधके
त्याग सेवा व्रतस्यायम्, कायो मे पततु प्रभो ६

Twadeeya Punya Karyesmin, Vishwa Kalyan Sadhake
Tyaga Seva Vratasyayam, Kayome patatu prabho

In this sacred work of serving and ennobling the entire humanity, give me the strength to accomplish it with single minded focus and supreme sacrifice. May this entire material and spiritual frame of mine be dedicated to this cause.

६विश्वधर्म की जय६ Victory to Universal Dharma



भोजन मंत्र Bhojan Mantra

ब्रह्मार्पणं ब्रह्म हविः ब्रह्माग्नौ ब्रह्मणा हुतम् ।
ब्रह्मैव तेन गन्तव्यं ब्रह्मकर्म समाधिनां

Brahmarpranam Brahma havir Brahmagnau Brahmana hutam
Brahmaiva tena gantavyam Brahma karma samaadhinaa

Any process of offering is Brahman, the oblation is Brahman,
the instrument of offering is Brahman,
the fire to which the offering is made is also Brahman.
For such a one who abides in Brahman, by
him Brahman alone is reached.

अहं वैश्वानरो भूत्वा प्राणिनां देहमाश्रितः
प्राणापानसमायुक्तः पचाम्यन्नं चतुर्विधम् ॥

Aham Vaish-vaanaro Bhutvaa, Praaninaam Deham-aashritah,
Praanaa-paana-Samaayuktah,
Panchaany-anam, Chatur-vidham.

सह नाववतु सह नौ भुनक्तु सह वीर्यम् करवावहै ।
तेजस्विनावधीतमस्तु मा विद्विषावहै ।
शांतिः शांतिः शांतिः ।

Om sahanavvatu saha nau bhunaktu, saha veeryam karavaavahai
Tejasvinavadhitamastu ma vidvisha vahai
Om shantih, shantih shantih

About A Sanyasi

न कर्मणा न प्रजया धनेन त्यागेनैके अमृतत्वमानशुः ।
परेण नाकं निहितं गुहायां बिभ्राजते यद्यतयो विशन्ति । ।

Not by work, not by progeny, not by wealth, they have attained Immortality.
Some have attained Immortality by renunciation.
That which the hermits attain is laid beyond the heaven; it shines
brilliantly in the purified heart.
(Maha-Narayan Upanishad)