

1. Sanatan Dharma: Brief definition. Concept of Divinity, Characteristics (no physical, limited manifestation), pure and absolute bliss. (very Brief)
2. Concept of Atman: Part of same divinity, limited attributes, restrictions.

This can lead to following two different ways that can go in any sequence based on how we lead. If connecting to reincarnation (physical manifestation) then I will follow:

- a. Three belief systems: Dw(v)ait, Adw(v)ait and Vishisht Adw(v)ait  
Goals of Hindu life. Duty based philosophy leading to inherent duties, value system, ultimately leading to Salvation an Moksha. (can elaborate based on my powerpoint presentation)
- b. Approaches: Spritual: Personal evolvment, Religious Community oriented, purely faith based approaches.
- c. Dw(v)ait Belief: concept of physical manifestation leading to various physical forms, reincarnation leading to regional flavors and then to
- d. Sampradayas: Shaivaaite, vaishnavite, Shakti and Smarthis  
then leading to Jainism, Buddhism, sikkhism ( guru traditions) etc  
This should lead us to:
- e. Rituals: Fundamentals for worship Shodashopchar and Panchopchars,
- f. Traditions: Local and regional Sanskaras based on location/ practices, dedication to these practices and effect of changing times and surroundings, invasions (Muslim and British rules etc), also based on availability of resources

Path to Achieve Goal: Yoga, meditation, etc

Purpose of Puja: .....